



**St. Joseph
Academy**

Menu For Week Of:

March 5-9 2018

Early Childhood Education Center

Water Available at all Times



Week	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Breakfast	Oatmeal	French Toast	WG Toast / Jelly	1/2 WG English Muffin	Kix or Cherrios
		Syrup		Breakfast Sausage Patty	
	Hot Apple Slices	Pears	Pineapple	Peaches	100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Beef Barley Soup	Teriyaki Chicken	Hamburger on WG Bun	Ravioli	Pizza
	Grilled Ham Sandwich	WG Rice	3 Bean Casserole	Mixed Vegetables	Tossed Salad w/ Dressing
	Fresh Celery	Yellow Squash	Ketchup	WG Dinner Roll	
		Fortune Cookie			
	Banana	Mandarin Oranges or Orange Wedges	Mixed Fruit	Fresh Assorted Berries	Applesauce or Apples
	Milk	Milk	Milk	Milk	Milk
P.M. Snack	WG Crackers or Tortilla Chips	Cheese Wedge	Bagel w/ Jelly	Cinnamon Baked WG Chips	Assorted WG Snacks
	100% Juice	WG Dinner Roll	Milk	Yogurt	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.