



St. Joseph  
Academy

# Menu for the week of:

February 26-March 2 2018



Early Childhood Education Center

Water available at all times

Week	Monday 26	Tuesday 27	Wednesday 28	Thursday 1	Friday 2
<b>Breakfast</b>	<b>Breakfast Pizza</b>	Scrambled Eggs	<b>Bagel w/ Cream Cheese</b>	<b>WG Toast</b>	<b>Kix or Cherrios</b>
		<b>WG Toast</b>		Yogurt	
	Applesauce	Apricots	Mandarin Oranges	Peaches	100% Juice
	Milk	Milk	Milk	Milk	Milk
<b>Lunch</b>	Chicken on <b>WG Bun</b>	<b>WG Rotini w/ Meat Sauce</b>	Baked Potato w/ Diced Ham	Tacos	Macaroni and Cheese
	Mixed Vegetables	Cooked Carrots	Califlower	Spanish Rice	Seasoned Green Beans
		1/2 Garlic Slice	<b>1/2 WG Sliced Bread</b>	Black Bean Salsa	<b>WG Dinner Roll</b>
	Mixed Fruit	Banana	Sliced Apples	Pineapple	Pears
	Milk	Milk	Milk	Milk	Milk
<b>P.M. Snack</b>	<b>Chex Cereal</b>	Yogurt	String Cheese	Hummus	<b>Assorted Grahams</b>
	Milk	Fresh Fruit	<b>WG Crackers</b>	Cucumbers	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

\*Whole unflavored milk served to 1 year olds.

\*Skim unflavored milk served to 2 years and older.