



St. Joseph
Academy

Early Childhood Education Center

Menu for the week of: January 29-February 2 2018

Water available at all times



Week 1	Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2
Breakfast	Breakfast Burrito	Oatmeal	WG Toast	WG Raisin Toast	Kix or Cheerios
			Boiled Eggs	Yogurt	
	Mixed Fruit	Warm Sliced Apples	Peaches	Pears	100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Chicken Rice Soup	WG Spaghetti w/ Meat sauce	Chicken Enchiladas	BBQ Pork on WG Bun	Macaroni and Cheese
	Sliced Turkey	Roasted Baby Carrots	Pinto Beans	Cream Corn or Kernel Corn	Italian Green Beans
	WG Dinner Roll	1/2 Garlic Slice	Salsa / Sour Cream	Dill Pickle Slice	1/2 Slice WG Bread
	Tossed Greens w/ Dressing				
	Banana	Mandarin Oranges or Orange Wedges	Applesauce	Pineapple	Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
P.M. Snack	Yogurt	Chex Cereal	Cucumbers or Celery w/ Dressing	Cheese Wedge	WG Grahams
	Cinnamon Baked Tortilla Chips	Milk	WG Crackers	WG Dinner Roll	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.