

Breakfast Menu

St. Joseph Academy

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	Hot Breakfast Schedule
			Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	K4-K5 Grades: Breakfast in the rooms. Grades 1-7th are in School Cafeteria.
5	6	7	8	9	
Breakfast Burrito Fresh Fruit 100% Juice / Milk	Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Pancake w/ Syrup Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
12	13	14	15	16	
Ham Pocket ½ English Muffin Fresh Fruit 100% Juice / Milk	WG Toast Yogurt Fresh Fruit 100% Juice / Milk	Waffles w/ Syrup Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Professional Development SCHOOL CLOSED	
19	20	21	22	23	
Winter Break SCHOOL CLOSED	French Toast w/ Syrup Fresh Fruit 100% Juice / Milk Try a taste of Grits	WG English Muffin Jelly Fresh Fruit 100% Juice / Milk	WG Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
26	27	28	1	2	
Breakfast Pizza Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk	WG Toast Yogurt Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.
 Breakfast is served from 8:00-8:20 only – K4-K5 in classrooms | Grades 1-7 in Cafeteria
 This institution is an equal opportunity provider.
 Menus subject to change depending on availability of products.

Water available at all times.
 WG=whole grain
 *May contain pork.
 Skim white and no fat chocolate milk served daily.