

Lunch Menu

St. Joseph Academy

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			BBQ Pork Sandwich*** Sweet Potatoes Slaw Pineapple / Milk	Quesadilla Calico Corn Salsa Mixed Fruit / Milk
5	6	7	8	9
Hamburger on WG Bun Cooked Carrots Potato Wedges Pears / Milk	Sliced Turkey & Gravy Italian Green Beans Fresh Celery Sliced WG Bread Banana / Milk	Chicken Nuggets Peas Baby Carrots Mixed Fruit / Milk	Turkey Dog Baked Beans Baby Carrots Applesauce / Milk	Pizza Tossed Greens Cherry Tomatoes Pineapple / Milk
12	13	14	15	16
Hot Ham*** on WG Bun Wax Beans Sweet Fries Peaches / Milk	Tacos*** Cream Corn Salsa Banana / Milk	Mini Corn Dogs Fresh Beets Cucumbers Apple Slices / Milk	Meatballs & Rice Green Beans Celery WG Dinner Roll Pears / Milk	Professional Development SCHOOL CLOSED
19	Black History Dinner 20	21	22	23
Winter Break SCHOOL CLOSED	Roasted Chicken Sweet Cream Corn Black-eyed Peas Corn Bread Banana / Milk	Sub Sandwich Tossed Kale Salad Tomato Wedges Orange Wedges / Milk	BRUNCH FOR LUNCH Pancakes /Syrup Sliced Ham*** Carrots / Celery Strawberrys / Milk	Pizza Dippers Broccoli Cucumbers Mixed Fruit / Milk
26	27	28	1	2
Chicken on WG Bun Mixed Vegetables Broccoli Slaw Grapes / Milk	WG Spaghetti w/ Meat Sauce Corn / Baby Carrots Garlic Slice Banana / Milk	Chef Salad w/ Diced Ham*** Cauliflower Sliced WG Bread Strawberry Cups / Milk	Nachos*** Refried Beans Salsa Pineapple / Milk	Grilled Cheese Green Beans Sliced Zucchini Mixed Fruit / Milk



BLACK HISTORY MONTH

Did you know that it is said if you eat Black Eyed Peas on New Year's it will bring good luck?
So let's have a taste on February 20.

Did you know that a man named Lonnie Johnson has worked on projects for the Air Force and NASA but is best known for his invention of the Super Soaker in 1986?
Look him up!

Water available at all times.

WG=whole grain

**May contain pork.*

Skim white and no fat chocolate milk served daily.

Must take 3 of 5 items with one being 1/2 cup of fruit or vegetables.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.