

Breakfast Menu

St. Joseph Academy

January 2-31 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	Hot Breakfast Schedule
Happy New Year	No School	French Toast Syrup Fresh Fruit 100% Juice / Milk	WG English Muffin Sausage Patty Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	K4-K5 Grades: Breakfast in the rooms. Grades 1-7th are in School Cafeteria.
8	9	10	11	12	
Breakfast Burrito Fresh Fruit 100% Juice / Milk	Bagel Cream Cheese Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Pancake w/ Syrup Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
15	16	17	18	19	
NO SCHOOL Professional Development	WG Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk	Waffles w/ Syrup Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
22	23	24	25	26	
Ham Pocket w/ ½ English Muffin Fresh Fruit 100% juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk	Bagel Cream Cheese Fresh Fruit 100% Juice / Milk	WG Toast Breakfast Sausage Fresh Fruit / 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
29	30	31			
Pancake on a Stick Fresh Fruit 100% Juice / Milk	WG English Muffin Jelly Fresh Fruit 100% Juice / Milk	Eggs WG Toast Fresh Fruit 100% Juice / Milk			

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.
 Breakfast is served from 8:00-8:20 only – K4-K5 in classrooms | Grades 1-7 in Cafeteria
 This institution is an equal opportunity provider.
 Menus subject to change depending on availability of products.

Water available at all times.
 WG=whole grain
 *May contain pork.
 Skim white and no fat chocolate milk served daily.