

# Lunch Menu

## St. Joseph Academy

January 3-31 2018

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Happy New Year	No School	Bbq Pork on WG Bun Corn Baby Carrots Apples / Milk	Taco Salad Black Beans Salsa Chips Banana / Milk	Pizza Green Beans Tomato Wedges Orange / Milk
8	9	10	11	12
Chicken on WG Bun Squash Celery Banana / Milk	Hamburger on a Bun Mixed Vegetables Potato Wedges Apple / Milk	Mini Corn Dogs Bean Casserole Cucumbers Mandarin Oranges / Milk	Chicken Nuggets Carrots Mashed Potatoes WG Dinner Roll Strawberry Cups / Milk	Macaroni and Cheese w/ Ham Broccoli Tomato Wedges Mixed Fruit / Milk
15	16	17	18	19
Professional Development  No School	Turkey Dog on WG Bun Baked Beans Baby Carrots Peaches / Milk	Teriyaki Chicken WG Rice Broccoli Tomato Wedges Banana / Milk	<b>BRUNCH FOR LUNCH</b> Pancakes / Syrup Yogurt Carrots / Celery Strawberries / Milk	Pizza Dippers Peas Cucumbers Mixed Fruit / Milk
22	23	24	25	26
Chicken Tacos Refried Beans Fresh Salsa Pineapple / Milk	Hot Ham on WG Bun Fresh Beets Sweet Potatoes WG Sliced Bread Banana / Milk	Chicken Stew Green Beans WG Biscuit Peaches / Milk	Spaghetti w/ Meat Sauce Kale Salad Garlic Bread Pears / Milk	Grilled Cheese Corn Baby Carrots Apple / Milk
29	30	31		
Sub Sandwich Tossed Greens Garbanzo Beans Banana / Milk	Ravioli Roasted Baby Carrots Celery Sticks WG Dinner Roll Orange / Milk	Nachos Tortilla Chips Salsa Applesauce / Milk		



Did You Know?

**Bananas are curved because they grow toward the sun.**

**January 11 is National Milk Day. It is the first time milk was delivered in glass bottles.**

Water available at all times.

WG=whole grain

\*May contain pork.

Skim white and no fat chocolate milk served daily.

Must take 3 of 5 items with one being 1/2 cup of fruit or vegetables.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.