

Lunch Menu

St. Joseph Academy

January 3-31 2018

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Happy New Year	No School	Bbq Pork on WG Bun Corn Baby Carrots Apples / Milk	Taco Salad Black Beans Salsa Chips Banana / Milk	Pizza Green Beans Tomato Wedges Orange / Milk
8	9	10	11	12
Chicken on WG Bun Squash Celery Banana / Milk	Hamburger on a Bun Mixed Vegetables Potato Wedges Apple / Milk	Mini Corn Dogs Bean Casserole Cucumbers Mandarin Oranges / Milk	Chicken Nuggets Carrots Mashed Potatoes WG Dinner Roll Strawberry Cups / Milk	Macaroni and Cheese w/ Ham Broccoli Tomato Wedges Mixed Fruit / Milk
15	16	17	18	19
Professional Development No School	Turkey Dog on WG Bun Baked Beans Baby Carrots Peaches / Milk	Teriyaki Chicken WG Rice Broccoli Tomato Wedges Banana / Milk	BRUNCH FOR LUNCH Pancakes / Syrup Yogurt Carrots / Celery Strawberries / Milk	Pizza Dippers Peas Cucumbers Mixed Fruit / Milk
22	23	24	25	26
Chicken Tacos Refried Beans Fresh Salsa Pineapple / Milk	Hot Ham on WG Bun Fresh Beets Sweet Potatoes WG Sliced Bread Banana / Milk	Chicken Stew Green Beans WG Biscuit Peaches / Milk	Spaghetti w/ Meat Sauce Kale Salad Garlic Bread Pears / Milk	Grilled Cheese Corn Baby Carrots Apple / Milk
29	30	31		
Sub Sandwich Tossed Greens Garbanzo Beans Banana / Milk	Ravioli Roasted Baby Carrots Celery Sticks WG Dinner Roll Orange / Milk	Nachos Tortilla Chips Salsa Applesauce / Milk		



Did You Know?

Bananas are curved because they grow toward the sun.

January 11 is National Milk Day. It is the first time milk was delivered in glass bottles.

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.

Water available at all times.

WG=whole grain

*May contain pork.

Skim white and no fat chocolate milk served daily.