



St. Joseph
Academy

Early Childhood Education Center

Menu for the week of: January 1-5 2018

Water available at all times



Week 3	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
	WG Toast	WG French Toast	WG English Muffin	Kix or Cheerios	
	String Cheese	Syrup	Breakfast Sausage		
	Mixed Fruit	Peaches	Pears	100% Juice	
	Milk	Milk	Milk	Milk	
	Beef and WG Pasta	BBQ Pork Patty on WG Bun	Taco on WG Tortilla	Macaroni and Cheese	
	Tossed Salad w/ Dressing	Mixed Vegetables	Black Beans Salsa	Green Beans	
			Sour Cream	WG Sliced Bread	
	Pineapple	Applesauce or Sliced Apples	1/2 Banana	Mixed Fruit	
	Milk	Milk	Milk	Milk	
	P.M. Snack	Day Care Closed	WG Grahams	Fresh Fruit	Sliced Cheese
		Milk	Cottage Cheese	WG Dinner Roll	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.