

Lunch Menu

St. Joseph Academy

May 2017



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Nuggets Fresh Beets Sweet Fries Peaches / Milk	Hot Ham on WG Bun*** Carrot Coins Celery Bananas / Milk	Hamburger on WG Bun Pinto Beans Cherry Tomatoes Grapes / Milk	Chicken Fajitas Corn Fresh Salsa Apples / Milk	Pizza Dippers Green Beans Baby Carrots Orange Wedges / Milk
8	9	10	11	12
Sub Sandwich Tossed Greens Sliced Tomatoes Mixed Fruit / Milk	Chicken Sandwich Potato Wedges Baby Carrots Oranges / Milk	BRUNCH FOR LUNCH Pancakes w/ Syrup Yogurt Carrots / Celery 100% juice / Milk	Nachos Refried Beans Fresh Salsa Banana / Milk	Pizza Green Beans Cucumbers Watermelon / Milk
15	16	17	18	19
Kale Chef Salad w/ Ham*** Celery Sticks WG Dinner Roll Pineapple / Milk	Turkey Dog on WG Bun Baked Beans Baby Carrots Mandarin Oranges / Milk	Tacos Corn Jicama Sticks Apples / Milk	BBQ Pork on WG Bun Peas Sweet Potatoes Bananas / Milk	Mac and Cheese Green Beans Cherry Tomatoes Mixed Fruit / Milk
22	23	24	25	26
Turkey on WG Bun Mashed Potatoes Mixed Veggies Fresh Fruit / Milk	Corn Dogs Bean Casserole Baby Carrots Oranges / Milk	Ham and Mac Casserole Romaine Salad Tomato Wedges Watermelon / Milk	Burrito Mixed Vegetables Fresh Salsa Apples / Milk	No School
29	30	31		
No School MEMORIAL DAY	To be determined	To be determined		

Fun Fact:

Grape growing is the largest food industry in the world as there are 60 species and 8000 varieties.

An average person each eats about 8 lbs. of grapes each year.

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.

Water available at all times.

WG=whole grain

*May contain pork.

Skim white and no fat chocolate milk served daily.