

Breakfast Menu

St. Joseph Academy

October 2 – November 3
2017

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|--|--|---|--|---|
| 2 | 3 | 4 | 5 | 6 | Hot Breakfast Schedule |
| Bagel Breakfast Sausage Fresh Fruit 100% Juice / Milk | Omelet WG Toast Fresh Fruit 100% Juice / Milk | Waffles w/ Syrup Fresh Fruit 100% Juice / Milk | Breakfast Pizza Fresh Fruit 100% Juice / Milk | Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk | K4-K5 Grades: Breakfast in the rooms. Grades 1-7th are in School Cafeteria. |
| 9 | 10 | 11 | 12 | 13 | <p>Did you know the world's first breakfast was created in 1863 and needed soaking overnight to be chewable? Yum!</p> |
| English Muffin String Cheese Fresh Fruit 100% Juice / Milk | Pancake on a Stick Fresh Fruit 100% Juice / Milk | WG Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk | Boiled Eggs WG Toast Fresh Fruit 100% Juice / Milk | Professional Development No School | |
| 16 | 17 | 18 | 19 | 20 | |
| No School | Boiled Egg WG Toast Fresh Fruit 100% Juice / Milk | French Toast Sticks w/ Syrup Fresh Fruit 100% Juice / Milk | WG Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk | Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk | |
| 23 | 24 | 25 | 26 | 27 | |
| Ham Pocket Fresh Fruit 100% Juice / Milk | Pancakes w/ Syrup Fresh Fruit 100% Juice / Milk | Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk | PARENT / TEACHER CONFERENCES No School | PARENT / TEACHER CONFERENCES No School | |
| 30 | 31 | 1 | 2 | 3 | |
| Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk | Scrambled Eggs WG Toast Fresh Fruit 100% Juice / Milk | Waffles w/ Syrup Fresh Fruit 100% Juice / Milk | WG Toast Fresh Fruit 100% Juice / Milk | Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk | |

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.

Breakfast is served from 8:00-8:20 only – K4-K5 in classrooms | Grades 1-7 in Cafeteria

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.

Water available at all times.

WG=whole grain

*May contain pork.

Skim white and no fat chocolate milk served daily.