

Breakfast Menu

St. Joseph Academy

NOVEMBER 2017

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Hot Breakfast Schedule
		Waffles w/ Syrup Fresh Fruit 100% Juice / Milk	WG Toast Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	K4-K5 Grades: Breakfast in the rooms. Grades 1-7th are in School Cafeteria.
6	7	8	9	10	
English Muffin String Cheese Fresh Fruit 100% Juice / Milk	Pancake* on a Sticks Fresh Fruit 100% Juice / Milk	WG Raisin Toast Yogurt Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	Professional Development NO SCHOOL	
Homey 13	14	15	16	17	
Bagel Sandwich Fresh Fruit 100% Juice / Milk	French Toast/ Syrup Fresh Fruit 100% Juice / Milk	Muffin Yogurt Fresh Fruit 100% Juice / Milk	Boiled Eggs WG Toast Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	
20	21	22	23	24	
Ham* Pocket Fresh Fruit 100% Juice / Milk	WG English Muffin Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	Thanksgiving Day NO SCHOOL	NO SCHOOL	
27	28	29	30	1	
Breakfast Burrito* Fresh Fruit 100% Juice / Milk	Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk	Omelet WG Toast Fresh Fruit 100% juice / Milk	Pancakes w/ Syrup Fresh Fruit 100% Juice / Milk	Cold Cereal String Cheese Fresh Fruit 100% Juice / Milk	

Must take 3 of 5 items with one being ½ cup of fruit or vegetables.
 Breakfast is served from 8:00-8:20 only – K4-K5 in classrooms | Grades 1-7 in Cafeteria
 This institution is an equal opportunity provider.
 Menus subject to change depending on availability of products.

Water available at all times.
 WG=whole grain
 *May contain pork.
 Skim white and no fat chocolate milk served daily.