

Breakfast Menu

St. Joseph Academy

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	
Strata ½ English Muffin Fresh Fruit 100% Juice / Milk	WG French Toast Syrup Fresh Fruit 100% Juice / Milk	WG Raisin Toast Jelly Fresh Fruit 100% Juice / Milk	Zucchini Square Yogurt Fresh Fruit 100% Juice / Milk	Professional Development School Closed	1 st -8 th eat in school cafeteria.
8	9	10	11	12	
Scrambled Eggs WG Toast Fresh Fruit 100% Juice / Milk	Carrot Quinoa Square String Cheese Fresh Fruit 100% Juice / Milk	Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk	Oatmeal or Breakfast Cereal Raisins 100% Juice / Milk	Pumpkin Square String Cheese Fresh Fruit 100% Juice / Milk	
15	16	17	18	19	
Boiled Eggs WG Toast Fresh Fruit 100% Juice / Milk	English Muffin w/ Breakfast Sausage Fresh Fruit 100% Juice / Milk	Potato and Spinach Frittata Cups WG Toast Fresh 100% Juice / Milk	Waffle Sticks w/ Syrup Fresh Fruit Strawberries / Milk	Breakfast Cereal Fresh Fruit 100% Juice / Milk	
22	23	24	25	26	
Breakfast Pizza Fresh Fruit 100% Juice / Milk	Pancake on a Stick Fresh Fruit 100% Juice / Milk	Breakfast Cereal String Cheese Fresh Fruit 100% Juice / Milk	Teachers Conference No School	Teachers Conference No School	
29	30	31	1	2	
Breakfast Burrito Fresh Fruit 100% Juice / Milk	Banana Square Yogurt Fresh Fruit 100% Juice / Milk	Corn Bread Bake Breakfast Sausage Fresh Fruit 100% Juice / Milk	WG Pancakes w/ Syrup Fresh Fruit 100% Juice / Milk	Breakfast Cereal Yogurt Fresh Fruit 100% Juice / Milk	

Must take 3 of 4 items.

Breakfast is served in classes daily. Breakfast is served from 8:00-8:25 only.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.

Water available at all times.

WG=whole grain

*May contain pork.

Skim white and 1% white milk served daily.