



**St. Joseph
Academy**

Menu For Week Of:

March 4-8 2019

Early Childhood Education Center

Water Available at all Times



Week	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Breakfast	Green Eggs and Ham	WG Waffles	Pumpkin Muffin	WG Raisin Toast	Breakfast Cereal
	WG Toast	Syrup		Cheese Wedge	
	Peaches	Applesauce	Pineapple	Pears	100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Spaghetti Bake	Chicken Nuggets	Baked Potatoes w/ Sliced Ham	Egg Rolls	Mac and Cheese
	Roasted Roots	Mixed Vegetables	Broccoli	Fried Brown Rice	Green Beans
		1/2 Slice Bread	WG Dinner Roll	Chinese Slaw	WG Dinner Roll
	Strawberries	1/2 Fresh Banana	Applesauce or 1/2 Fresh Apple	Mandarin Oranges	Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
P.M. Snack	Breakfast Cereal	Fresh Veggies	Black Bean Salsa	Yogurt	Assorted Grahams
	Milk	WG Crackers	Home Made Chips	Assorted Fresh Fruit	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.

Milk served daily for break.