

Lunch Menu

St. Joseph Academy

January

2019



Monday	Tuesday	Wednesday	Thursday	Friday
		2	3	4
		Orange Chicken w/ Rice Green Beans /Carrots Fortune Cookie Mixed Fruit / Milk Salad Bar	Hamburger on WG Bun French Fries Corn on the Cob Fresh Apple / Milk Top you burger!	Pizza Butternut Squash Celery Fresh Assorted Fruit / Milk Salad Bar
7	8	9	10	11
Chicken on Pretzel Roll Roasted Broccoli Sliced Tomatoes Fresh Apple / Milk	Nachos w/ WG Chips Kernel Corn Fresh Salsa Mixed Fruit / Milk	Turkey Dogs Baked Beans Cabbage Slaw Pears / Milk Salad Bar	Brunch For Lunch Pancakes w/ Syrup Yogurt Carrots / Celery Fresh Banana / Milk	Mozzarella Sticks w/ Dipping Sauce Mixed Vegetables Assorted Fruit / Milk Salad Bar
14	15	16	17	18
Loaded Potatoes w/ Chili Carrot and Raisin Salad Corn Muffin Peaches / Milk	Meatball Bomber Tossed Salad Celery Sticks Pears / Milk	Burritos Pinto Beans Salsa Sliced Apples w/ Blueberries / Milk Salad Bar	Navy Bean Soup Sliced Ham Cherry Tomatoes WG Dinner Roll Fresh Banana / Milk	Macaroni and Cheese Seasoned Peas Fresh Broccoli WG Dinner Roll Assorted Fresh Fruit / Milk Salad Bar
21	22	23	24	25
No School	Taco Salad WG Tortilla Salsa Fresh Banana / Milk	Chicken on WG Bun Mixed Vegetables Sweet Fries Fresh Apple / Milk Salad Bar	Meatballs w/ Brown Rice Green Beans Baby Carrots WG Dinner Roll Peaches / Milk	Cheese Quesadilla Black Bean Relish Lime Jicama Sticks Mixed Fruit / Milk Salad Bar
28	29	30	31	1
Mini Corn Dogs Baked Bean Baby Carrots Strawberries / Milk	Vegetable Soup Sliced Turkey w/ WG Roll Lettuce / Tomato Fresh Banana / Milk	Chicken Stew w/ Biscuit Cherry Tomatoes Applesauce / Milk Salad Bar	Ravioli Tossed Salad Fresh Cauliflower Garlic Slice Orange Wedges / Milk	Fish Sandwich Sweet Potato Mash Lima Beans Assorted Fruit / Milk Salad Bar

Fun Fact:

Water available at all times.
WG=whole grain
*May contain pork.
Skim white and no fat chocolate
milk served daily.

Must take 3 of 5 items with one being ½ cup of fruit or vegetables. | This institution is an equal opportunity provider. | Menus subject to change depending on availability of products.