



**St. Joseph
Academy**

Menu For Week Of:

January 21-25 2019

Early Childhood Education Center

Water Available at all Times



Week	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Breakfast		Warm Bagel Filled with Cream Cheese	Breakfast Fritter	Pumpkin Square	Breakfast Cereal
		Mixed Fruit	Pears	Applesauce	100% Juice
		Milk	Milk	Milk	Milk
	Lunch		Taco Salad	Chicken Patty	Chicken Soup
Refried Beans			WG Dinner Roll	Biscuit	Mixed Vegetables
WG Tortilla			Mixed Vegetables	Kidney Bean Salad	
1/2 Banana			Applesauce or 1/2 Fresh Apple	Peaches	Tropical Fruit
Milk			Milk	Milk	Milk
P.M. Snack		Breakfast Cereal	Fresh Fruit	Boiled Eggs	Assorted Grahams
		Milk	Yogurt	WG Crackers	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.

Milk served daily for break.