



St. Joseph
Academy

Early Childhood Education Center

Menu for the week of: January 14-18 2019

Water available at all times



	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Breakfast	WG Toast	Boiled Eggs	Banana Square	WG Pancakes	Breakfast Cereal
	Jelly	WG Toast		Syrup	
	Pineapple	Apricots	Mandarian Oranges	Peaches	100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Baked Potatoes w/Turkey Ham	Meatball Bomber	Burrito	Barley Soup	Grilled Cheese
	Carrots	Tossed Salad w/ Dressing	Pinto Beans	Sliced Turkey	Cream Of Tomato Soup
	Corn Muffin		Fresh Salsa	WG Dinner Roll	Peas
	Peaches	Pears	Applesauce or 1/2 SI Apple	1/2 Fresh Banana	Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
P.M. Snack	Cereal	Hummus	Fresh Fruit	String Cheese	Assorted Grahams
	Milk	Pita Chips	Cottage Cheese	WG Crackers	Milk

All menus subject to change.

WG=Whole Grains: Bold=WG

This institution is an equal opportunity provider.

*Whole unflavored milk served to 1 year olds.

*Skim unflavored milk served to 2 years and older.

Milk served daily at break.