

Lunch Menu

St. Joseph Academy

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish Sandwich Sweet Potatoes Lima Beans Assorted Fresh Fruit / Milk Salad Bar
4	5	6	7	8
Chicken Nuggets Roasted Roots Cherry Tomatoes WG Dinner Roll Blueberries w/ Apples Milk	Loaded Steak Fries w/ Diced Ham /Cheese Broccoli WG Sliced Bread Strawberries / Milk	Chicken Teriyaki Brown Rice Mixed Vegetables Cabbage Salad Peaches / Milk Salad Bar	Corn Dogs Baked Beans Baby Carrots Orange Wedges / Milk	Quesadilla Green Beans Salsa Assorted Fresh Fruit / Milk Salad Bar
11	12	13	14	15
Hamburgers on WG Bun Baked Beans Sliced Tomatoes Mixed Fruit Cups / Milk	Chicken Stew Sweet Potato Chips WG Biscuit Applesauce / Milk	Spaghetti Bake Spinach Salad Baby Carrots Garlic Slice Fresh Banana / Milk Salad Bar	BBQ Chicken Leg Black Eyed Peas Oven Fried Okra Corn Bread Square Peaches / Milk	School Closed
18	19	20	21	22
School Closed	Sub Sandwich Tossed Salad w/ Dressing Spicy Garbanzo Beans Fresh Pears / Milk	Chicken on Pretzel Bun Bean Casserole Zucchini Sticks Fresh Granny Smith Apple / Milk Salad Bar	Brunch for Lunch French Toast Sticks Boiled Eggs Roasted Carrots / Celery Fresh Banana / Milk	Fresh Pizza Kernel Corn Broccoli Salad Assorted Fruit / Milk Salad Bar
25	26	27	28	1
Turkey Dog on Bun Baked Bean Casserole Tomato Wedges Fresh Figi Apple / Milk	Orange Chicken Brown Rice Oriental Vegetables Celery Sticks Fresh Orange / Milk	Chili w/ Cheese Baked Squash Beet Strings WG Dinner Roll Banana / Milk Salad Bar	Taco Salad WG Tortilla Fresh Salsa Mixed Fruit / Milk	Grilled Cheese Tomato Rice Soup Seasoned Peas Sliced Cucumbers Assorted Mix Fruit / Milk Salad Bar

Black History Month:

Did you know that in 1923, Garrett Morgan patented an electric traffic signal? He was the first African-American to own a car in Cleveland Ohio.

*Water available at all times.
WG=whole grain
*May contain pork.
Skim white and no fat chocolate milk served daily.*

Must take 3 of 5 items with one being ½ cup of fruit or vegetables. | This institution is an equal opportunity provider. | Menus subject to change depending on availability of products.