

# Breakfast Menu

## St. Joseph Academy

# February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	1
					<b>Hot Breakfast Schedule</b>
				Breakfast Cereal Yogurt or String Cheese Assorted Fresh Fruit 100% Juice / Milk	1 <sup>st</sup> -8 <sup>th</sup> eat in school cafeteria.
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>Fun Fact:</b>
WG Raisin Toast Cheese Wedge Fresh Fruit 100% Juice / Milk	French Toast Sticks Syrup Fresh Fruit 100% Juice / Milk	Ham Pockets ½ WG English Muffin Fresh Fruit 100% Juice / Milk	Boiled Egg WG Toast Fresh Fruit 100% Juice / Milk	Breakfast Cereal Yogurt or String Cheese Assorted Fresh Fruit 100% Juice / Milk	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	
Pancakes Syrup Fresh Fruit 100% Juice / Milk	WG Biscuit w/ Sausage Fresh Fruit 100% Juice / Milk	Apple Square Cheese Square Fresh Fruit 100% Juice / Milk	Breakfast Cereal Yogurt or String Cheese Fresh Fruit 100% Juice / Milk	School Closed	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	
School Closed	Pancake on a Stick Syrup Fresh Fruit 100% Juice / Milk	Warm Bagel w/ Cream Cheese Fresh Fruit 100% Juice / Milk	WG English Muffin w/ Jelly Fresh Fruit 100% Juice / Milk	Breakfast Cereal Yogurt or String Cheese Fresh Fruit 100% Juice / Milk	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>1</b>	
2-WG Toast Jelly Fresh Fruit 100% Juice / Milk	Oatmeal Rounds Cheese Square Fresh Fruit 100% Juice / Milk	Boiled Egg WG Toast Fresh Fruit 100% Juice / Milk	Breakfast Burrito Fresh Fruit 100% Juice / Milk	Breakfast Cereal Fresh Fruit 100% Juice / Milk	

Must take 3 of 4 items.

Breakfast is served in classes daily. Breakfast is served from 8:00-8:25 only.

This institution is an equal opportunity provider.

Menus subject to change depending on availability of products.

Water available at all times.

WG=whole grain

\*May contain pork.

Skim white and 1% white milk served daily.